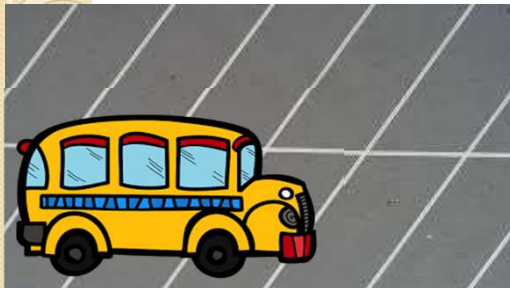


Building a Family/Youth-Driven System of Care



What does it mean to you?



Family-driven

Family-driven means families have a **primary decision making** role in the care of their own children as well as the **policies and procedures** governing care for all children in their community, state, tribe, territory and nation.

This includes:

- Choosing supports, services, and providers;
- Setting goals;
- Designing and implementing programs;
- Monitoring outcomes;
- Partnering in funding decisions; and
- Determining the effectiveness of all efforts to promote the mental health and well being of children and youth.

History of Kentucky's Family Movement

- 1985 – CASSP Office in DMH
- 1989 – RWJ Grant – Bluegrass IMPACT
- 1990 – KY IMPACT – statewide implementation
- 1992 – statute revised to ensure inclusion of parents on state and regional interagency councils
- 1992 – Office of Family Leadership in DMH
- 1993 – State Family Advisory Council
- 1993 – Family paid stipends to serve on RIACs
- 1999 – Kentucky Partnership for Families and Children, Inc.
- 2006– Family and Youth Involvement Surveys
- 2008 – Leadership Academy
- 2009 – Family Peer Support Core Competency Training
- 2014 – Peer support became Medicaid billable



Youth-driven



Parent/Professional
Advocacy League (PPAL)
Massachusetts

Youth driven means that youth have a say in the programs that help them and that the needs and preferences of youth drive the policy and financing decisions that affect them. Youth are meaningfully involved and partner in outreach, activities and evaluation.

Youth voice is a phrase meant to describe the unique actions, ideas and perspectives used by young people to represent themselves



History of Youth Movement

- KPFC's Statewide Youth Council began in 1999.
- KPFC began collaborating with community mental health centers to create Regional Youth Councils (RYC) in 2003.
- In 2009 a youth representative was added to the State Interagency Council.
- In 2010 youth have been added to approximately three RIACs.
- Youth Peer Support Specialist certification
- In 2014 KPFC received Youth MOVE National's RockStar Award.
- In 2015 TAYLRD 1.0 created drop in centers in partnership with CMHCs across the state.
- In 2019 TAYLRD 2.0 expanded on the center model to include an expansion of strategies in serving TAY.



What does this look like in Kentucky's System of Care?

Individual level?


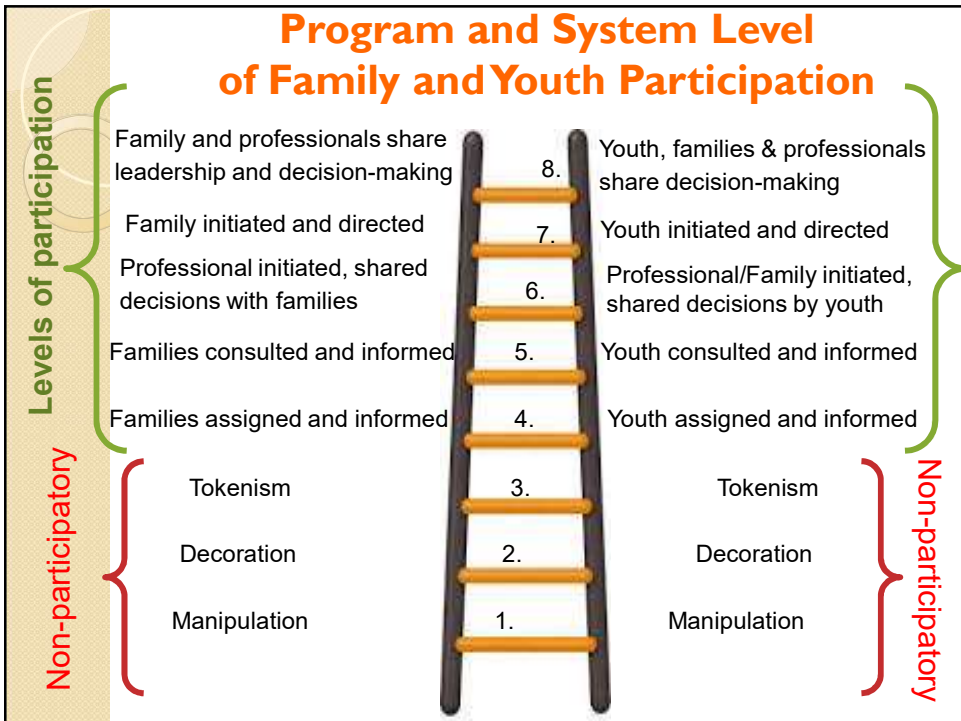



Program level?

It demonstrates the need for more peer support.

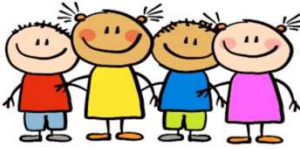
What do you think this data means?

System level?

Individual Level: Family/Youth Driven			
Movement	Family/youth-centered	Family/youth-involvement	Family/Youth-driven
Who:	The degreed providers are in control to “service” the families and youth.	The degreed providers are in control and allow family and youth involvement.	The degreed providers, family and youth share control and leadership.
The objective:	Improved outcomes for youth	Improved outcomes for youth and family	Improved outcomes for youth and family. Increased organizational effectiveness
Byproduct:	Resistance and non-compliance of families and youth	Families and youth feel heard but not equal to degreed staff.	Families and youth feel heard, valued and equal to other team members.
Level of participation:	Manipulation, tokenism, or decoration; Rungs 1 - 3	Professional initiated, families/youth are assigned, consulted and informed; Rungs 4 - 6	Youth and families initiate and direct & shared decision-making by all; Rungs 7-8





Checklist for Ensuring Meaningful Parent and Youth Participation on Committees, Workgroups and Councils

Youth and parents with experience navigating the system of care offer a wealth of invaluable information to teams which can improve positive outcomes for youth and families who may be experiencing similar challenges. For additional information, please read: <http://www.kyfamily.org/sites/default/files/2017-06/2017%20KFC%20.pdf>

✓ Checklist	Description	Action Steps
Demonstrate Value for Member Participation	Every member plays a critical role to ensure successful team outcomes and each opinion and recommendation should carry the same weight when making decisions impacting the youth and families we work with. Remember to show appreciation for team contributions which will increase feelings of being a valuable team member.	<ul style="list-style-type: none"> • Develop a formal policy affirming commitment to parent and youth participation • Overcome barriers preventing participation (travel, meeting time) • Provide stipend(s) for representatives • Ensure voting privileges • Provide business cards
Create an Inclusive Environment	A positive atmosphere is critical to ensure that every team member feels comfortable to share their recommendations. Non-adversarial approaches are best. During meetings and other activities related to decision making, team members should be consistently respectful and responsive to ideas and suggestions.	<ul style="list-style-type: none"> • Create an environment that is inviting and objective (offer introductions at the beginning of each meeting, use name tags, plan ahead). • Provide acronym cheat sheet or have ground rules for a jargon free meeting • Clear communication pathways (texts, social media) as determined appropriate by the team.
Offer Clear Expectations	Teams are most productive when each member feels welcomed, valued and fully understands the goals and mission of their team. A clear understanding of the roles and responsibilities is critical to success.	<ul style="list-style-type: none"> • Create, share and review an orientation packet with all team members. • Review annually with entire team. • Consider culture and generational differences.
Provide Ongoing Support	Remember that taking on a new role can be overwhelming. Provide ongoing support and feedback, as needed, for youth and parent representatives. Methods include: Reinforce positive attitudes; stay in frequent contact and listen to expressed needs.	<ul style="list-style-type: none"> • Connect youth and parent representatives with a team mentor. • Invite, follow-up and follow-through to ensure continued participation.
Share educational opportunities	Imagine our work without continuing education to highlight new trends, evidence based practices and the professional application of such methods. To provide better outcomes, we must grow in our ability to serve youth and families in Kentucky.	<ul style="list-style-type: none"> • Offer ongoing training opportunities and connections • Cover costs to attend

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