

Kentucky Partnership for  
Families and Children, Inc.

**Youth Behavioral Health Bill of Rights**

1. Youth are the experts on themselves.
2. Youth have the right to be informed about their medication and diagnosis in a way that they can understand.
3. Youth have the right to feel heard and acknowledged.
4. Youth have the right to informed consent.
5. Youth have the right to alternative options.
6. Youth have the right to feel safe in a confidential setting.
7. Youth have the right to be respected.
8. Youth have the right to have their values honored.
9. Youth have the right to a proactive safety plan.
10. Youth have the right to use their voice in the decision making process of their plans.
11. Youth have the right to express their limitations and boundaries and have them respected.
12. Youth have the right to advocate for themselves and others.

**Kentucky Youth MOVE**  
**(Motivating Others through Voices of Experience)**

1-800-369-0533



[kypartnership.org](http://kypartnership.org)