

# Behavioral Health Crisis Prevention and Intervention Resources for Individuals in Kentucky

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# Kentucky Behavioral Health Helplines

## Kentucky Medicaid MCO Behavioral Health Hotlines

Aetna Better Health of Kentucky	1-888-604-6106
Anthem Blue Cross Blue Shield	1-855-661-2025
Humana Healthy Horizons in Kentucky	1-833-801-7355
Passport Health Plan by Molina Healthcare	1-844-800-5154
WellCare of Kentucky	1-855-661-6973
UnitedHealthcare Community Plan	1-866-383-0173

## The ADANTA Group: Somerset Area

Counties Served: Adair, Casey, Clinton, Cumberland, Green, McCreery, Pulaski, Russell, Taylor, Wayne

<http://www.adanta.org/>

800-633-5599

## Seven Counties Services: Louisville Area

Counties Served: Bullitt, Henry, Jefferson, Oldham, Shelby, Spencer, Trimble

<https://sevencounties.org/>

502-589-4313 or 800-221-0446 Adult Crisis Services

502 589-8070 or 800-432-4510 Children's Crisis Services

502 589-1100 or 800-264-8799 First Appointment

## Communicare: Elizabethtown Area

Counties Served: Breckenridge, Grayson, Hardin, Larue, Marion, Meade, Nelson, Washington

<http://www.communicare.org/>

270-765-2605 or 800-641-4673

## Comprehend, Inc.: Maysville Area

Counties Served: Bracken, Fleming, Lewis, Mason, Robertson

<http://www.comprehendinc.org/>

877-852-1523

## Cumberland River Behavioral Health: Corbin Area

Counties Served: Bell, Clay, Harlan, Jackson, Knox, Laurel, Rockcastle, Whitley

<http://www.crbhky.org/>

888-435-7761

**Four Rivers Behavioral Health: Paducah Area**

*Counties Served: Ballard, Calloway, Carlisle, Fulton, Graves, Hickman, Livingston, McCracken, Marshall*

<http://4rbh.org/>

800-273-8255

**Kentucky River Community Care: Hazard Area**

*Counties Served: Breathitt, Knott, Lee, Leslie, Letcher, Owsley, Perry, Wolfe*

<http://krccnet.com/>

800-262-7491

**LifeSkills: Bowling Green Area**

*Counties Served: Allen, Barren, Butler, Edmonson, Hart, Logan, Metcalfe, Monroe, Simpson, Warren*

<http://www.lifeskills.com/>

270-843-4357 or 800-223-8913

**Mountain Community Care Center: Prestonsburg Area**

*Counties Served: Floyd, Johnson, Magoffin, Martin, Pike*

<http://www.mtcomp.org/>

800-422-1060

**New Vista: Lexington Area**

*Counties Served: Anderson, Bourbon, Boyle, Clark, Estill, Fayette, Franklin, Garrard, Harrison, Jessamine, Lincoln, Madison, Mercer, Nicholas, Powell, Scott, Woodford*

<https://www.newvista.org/>

800-928-8000

**NorthKey Community Care: Northern Kentucky**

*Counties Served: Boone, Campbell, Carroll, Gallatin, Grant, Kenton, Owen, Pendleton*

<http://www.northkey.org/>

859-331-3292 or 877-331-3292

**Pathways, Inc: Ashland Area**

*Counties Served: Boyd, Carter, Elliott, Greenup, Lawrence, Bath, Menifee, Montgomery, Morgan, Rowan*

<http://www.pathways-ky.org/>

606-324-1141 or 800-562-8909

**Pennyroyal Center: Hopkinsville Area**

*Counties Served: Caldwell, Christian, Crittenden, Hopkins, Lyon, Muhlenberg, Todd, Trigg*

<http://pennyroyalcenter.org/>

270-881-9551 or 877-473-7766

**RiverValley Behavioral Health: Owensboro Area**

*Counties Served: Daviess, Hancock, Henderson, McLean, Ohio, Union, Webster*

<http://www.rvbh.com/>

270-684-9466 or 800-433-7291

# National Helplines

## Physician Support Line

Physician Support Line is a national, free, and confidential support line service made up of 600+ volunteer psychiatrists, joined in the determined hope to provide peer support for our physician colleagues as we all navigate the COVID-19 epidemic.

Open 7 days a week 8:00AM - 12:00AM EST

Telephone: 1-888-409-0141

<https://www.physiciansupportline.com/>

## National Suicide Prevention Lifeline

The National Suicide Prevention Lifeline provides 24/7, free and confidential support for people in distress, prevention and crisis resources for you or your loved ones, and best practices for professionals.

Telephone: 800-273-8255

En Español: 888-628-9454

Deaf and Hard of Hearing 800-799-4889

Veterans call 800-273-8255 and Press 1.

Lifeline Chat is available 24/7 across the U.S. <https://suicidepreventionlifeline.org/chat/>

What Happens When I Call the Lifeline?

- First, you'll hear a message telling you that you've reached the National Suicide Prevention Lifeline.
- We'll play you a little hold music while we connect you.
- A skilled, trained crisis worker who works at the Lifeline network crisis center closest to you will answer the phone.
- This person will listen to you, understand how your problem is affecting you, provide support, and share any resources that may be helpful.

<http://www.suicidepreventionlifeline.org/>

## Veterans Crisis Line

The Veterans Crisis Line is a free, anonymous, confidential resource that's available to Veterans, Service Members, National Guard and Reserve, and their family members and friends, even if you're not registered with VA or enrolled in VA health care.

Call, [chat online](#), or text to 838255 to receive confidential support 24/7 from VA responders.

<http://www.veteranscrisisline.net/>

Telephone: 800-273-8255, Press 1

Deaf and Hard of Hearing: 1-800-799-4889

Text: 838255

### **Crisis Text Line**

Text **HOME** to 741741 from anywhere in the United States, anytime. Crisis Text Line is here for any crisis. A live, trained Crisis Counselor receives the text and responds, all from our secure online platform. The volunteer Crisis Counselor will help you move from a hot moment to a cool moment.

Text HOME to 741741.

En Espanol:

Message the Crisis Text Line on Facebook

### **TrevorLifeline**

The leading national organization providing crisis intervention and suicide prevention services to lesbian, gay, bisexual, transgender, queer, and questioning (LGBTQ) young people under 25.

TrevorLifeline: 866-488-7386

TrevorText: Text START to 678678

TrevorChat: <https://www.thetrevorproject.org/get-help-now/>

<http://www.thetrevorproject.org/>

### **YouthLine**

YouthLine is a free 24-hour, peer-to-peer youth crisis and support service via phone, text, chat, and email. The helpline is answered by youth daily from 4pm-10pm and by adults at all other times.

Call 877-968-8491

Text TEEN2TEEN to 839863.

Chat [now](#).

Email: [YouthL@LinesforLife.org](mailto:YouthL@LinesforLife.org)

### **Teen Line**

If you have a problem or just want to talk with another teen who understands, then this is the right place for you!

Call 310-855-4673 or 800-852-8336, 9PM-12AM Eastern Time/8PM-11 PM Central Time

Text TEEN to 839863

Email at <https://teenlineonline.org/talk-now/>

What to [expect](#) when you call Teen Line.

### **Your Life Your Voice**

24-hour teen crisis hotline for pre-teens, teens and young adults.

Telephone: 800-448-3000, 24 hours, Spanish speaking counselors available.

Text VOICE to 20121 every day, 12 Noon to 12 Midnight Central Standard Time

Chat Sunday-Thursday 6PM to 12 Midnight Central Standard Time

Download the My Life My Voice Mood Journal mobile app in the App Store or Google Play

<http://www.yourlifeyourvoice.org/Pages/home.aspx>

### **Behavioral Health Treatment Services Locator National Helpline**

A free, confidential, 24/7, 365-day-a-year treatment referral and information service (in English and Spanish) for individuals and families facing mental health and/or substance use disorders.

Telephone: 800-662-4357

TTY: 800-487-4889

<https://findtreatment.samhsa.gov/>

### **Never Use Alone**

If you are going to use by yourself, call us! You will be asked for your first name, location, and the number you are calling from. An operator will stay on the line with you while you use. If you stop responding after using, the operator will notify emergency services of an "unresponsive person" at your location.

800-484-3731

<https://neverusealone.com/>

### **National Runaway Safeline**

1-800-RUNAWAY (1-800-786-2929)

A national hotline and chat service for teens who have runaway, homeless or who are considering leaving home.

<http://www.1800runaway.org/>

### **LGBT National Help Center**

The Lesbian, Gay, Bisexual and Transgender (LGBT) National Help Center operates three national hotlines, as well as private, volunteer one-to-one online chat that helps both youth and adults with coming-out issues, safer-sex information, school bullying, family concerns, relationship problems, and a lot more. The Help Center also runs weekly moderated chat rooms for LGBT youth and teens to find support, acceptance and community.

National Hotline: 888-843-4564

Youth Talkline: 800-246-7743

Senior Hotline: 888-234-7243

Peer Chat: <https://www.glbthotline.org/peer-chat.html>

Hours: Monday - Friday from 4pm to midnight; Saturday from noon to 5pm, Eastern Time.

Youth CHAT ROOM Lounge: <https://www.glbthotline.org/youthchatrooms.html>

<http://www.glbthotline.org>

### **Disaster Distress Helpline**

The Disaster Distress Helpline provides crisis counseling and support for anyone in the U.S. experiencing distress or other behavioral health concerns related to any natural or human-caused disaster, including public health emergencies.

National Helpline: 800-985-5990

Spanish Speakers: Call 800-985-5990 and press 2.

Text: TALKWITHUS or HABLANOS to 66746

<http://disasterdistress.samhsa.gov/>

### **Narcotics Anonymous**

NA is a nonprofit fellowship or society of men and women for whom drugs had become a major problem. We are recovering addicts who meet regularly to help each other stay clean. This is a program of complete abstinence from all drugs.

<https://www.na.org/>

### **Alcoholics Anonymous**

Alcoholics Anonymous is an international fellowship of men and women who have had a drinking problem. It is nonprofessional, self-supporting, multiracial, apolitical, and available almost everywhere. There are no age or education requirements. Membership is open to anyone who wants to do something about his or her drinking problem.

<https://www.aa.org/>

### **National Problem Gambling Helpline**

A single national access point to local resources for those seeking help for a gambling problem.

Helpline: 800-522-4700

Text: 800-522-4700

Chat: [www.ncpgambling.org/chat](http://www.ncpgambling.org/chat)

<http://www.ncpgambling.org/help-treatment/national-helpline-1-800-522-4700/>

### **National Sexual Assault Hotline**

A national hotline and chat service providing free confidential help 24/7 to connect callers to more than 1,000 local sexual assault service providers across the country.

Hotline: 800-656-4673

Chat: <https://hotline.rainn.org/online>

En Español: <https://hotline.rainn.org/es>

<https://www.rainn.org/>

### **National Parent Helpline**

Being a parent is a critically important job, 24 hours a day. It's not always easy. Call the National Parent Helpline to get emotional support from a trained Advocate and become empowered and a stronger parent.

Helpline: 855-427-2736

Hours: Monday – Friday from 1pm to 8pm, Eastern Time.

<http://www.nationalparenthelpline.org/>

### **1-800-CHILDREN**

1-800-CHILDREN is a statewide helpline that offers a lifeline of support, encouragement and information regarding resources in local communities. Parents and caregivers can call and talk with a trained volunteer who can provide them with information, support and/ or referrals.

Available Monday through Friday, from 9am - 5pm EST

Telephone: 800-244-5373 or 859-225-8879

<https://www.pcaky.org/1-800-children>



### **IMAlive**

IMAlive is a live online network that uses instant messaging to respond to people in crisis.

Chat [now](#).

<https://www.imalive.org/>

### **Loveisrespect**

A resource to empower youth to prevent and end dating abuse. Free and confidential phone, live chat and texting services are available 24/7/365.

Hotline: 866-331-9474

En Español: 800-799-7233

Text: Text LOVEIS to 1-866-331-9474

Chat [now](#).

<http://www.loveisrespect.org/>

### **National Domestic Violence Hotline**

A national hotline and chat service that provides lifesaving tools and immediate support to enable victims to find safety and live lives free of abuse.

Hotline: 800-799-7233

En Español: 800-799-7233

<http://www.thehotline.org/>

### **Military OneSource**

Military OneSource offers a wide range of individualized consultations, coaching and non-medical counseling for many aspects of military life.

Hotline: 800-342-9647

En Español: 800-342-9647

<http://www.militaryonesource.mil/>

### **National Eating Disorder Association Helpline**

A national helpline and chat service for individuals struggling with an eating disorder and their friends and families.

Helpline: 800-931-2237 (Monday-Thursday 11AM – 9PM ET, Friday 11AM – 5PM ET)

Text: 800-931-2237 (Monday-Thursday 3PM-6PM ET)

[Chat](#): (Monday-Thursday 9AM-9PM ET, Friday 9AM-5PM ET)

<http://www.nationaleatingdisorders.org>

### **National Association of Anorexia Nervosa and Associated Disorders**

Helpline: 630-577-1330 (Monday-Thursday 10AM-10PM ET, Friday 10AM-6PM ET, Sunday 6PM-10PM ET)

Email: [hello@anad.org](mailto:hello@anad.org)

## **Trans Lifeline**

Trans Lifeline is a trans-led organization that connects trans people to the community, support, and resources they need to survive and thrive.

Lifeline: 877-565-8860

<https://www.translifeline.org/>

## Warmlines

### **Participation Station (Lexington)**

Service will resume September 10, 2020.

877-840-5167, Monday thru Friday 10am-9pm ET, Saturdays 5pm-9pm ET

### **Warmline.org**

Warmline.org maintains a warmline directory of peer-run warmlines.

[www.warmline.org](http://www.warmline.org)

# Online and Telephone Support Groups and Recovery Meetings

## **Marijuana Anonymous**

<https://marijuana-anonymous.org/find-a-meeting/>

## **Chronic Pain Anonymous**

<https://chronicpainanonymous.org/find-meetings/>

## **12steps.org**

This is a calendar of online meetings at various recovery-related websites.

<https://www.12step.org/social/online-meeting-calendar/>

## **Online Intergroup of Alcoholics Anonymous**

<https://aa-intergroup.org/>

## **Alcoholics Anonymous (AA)**

<https://www.onlinegroupaa.org/>

## **Al-Anon and Alateen Electronic and Telephone Meetings**

<https://al-anon.org/al-anon-meetings/>

## **Narcotics Anonymous (NA)**

<https://www.narcotics.com/narcotics-anonymous/narcotics-anonymous-online-meetings/>

## **Narcotics Anonymous World Services**

<https://www.na.org/meetingsearch/>

## **Depression and Bipolar Support Alliance**

<https://www.dbsalliance.org/support/chapters-and-support-groups/online-meetings/>

DBSA text support line, text DBSA to 741-741.

## **National Alliance on Mental Illness (NAMI)**

<https://namimainlinepa.org/online-and-telephone-support-groups/>

## **Vets4Warriors**

<https://www.vets4warriors.com/>

## **In the Rooms: An Online Addiction Recovery Community**

<https://www.intherooms.com/home/>

## **Smart Recovery Online Community**

<https://www.smartrecovery.org/smart-recovery-toolbox/smart-recovery-online/>

### **Adult Children of Alcoholics/Dysfunctional Families**

<https://adultchildren.org/quick-search/?audiobt=Click+Here>

### **Refuge Recovery**

<https://www.refugerecovery.org/>

### **Families Anonymous**

FA is a 12 step fellowship for the family and friends of those individuals with drug, alcohol or related behavioral issues.

<https://www.familiesanonymous.org/meetings/virtual-meetings/>

### **LifeRing Secular Recovery**

LifeRing is a network of support groups for people who want to live free of alcohol and illicit or non-medically indicated drugs.

<https://lifering.org/online-meetings/>

### **15 Online Recovery Meetings & Groups You'll Want to Check Out**

These online-only groups and meetings for sober folks are a must.

<https://www.thetemper.com/online-recovery-meetings-groups/>

### **My Recovery**

<https://www.myrecovery.com/online-meeting/>

### **Cocaine Anonymous**

<https://www.ca-online.org/>

## Online Support Chat Rooms

r/stopdrinking on Reddit

<https://www.reddit.com/r/stopdrinking/new/>

r/depression on Reddit

<https://www.reddit.com/r/depression/new/>

# Kentucky Behavioral Health Laws

[KRS Chapter 202A](#)

[Kentucky Mental Health Hospitalization Act](#)

[KRS Chapter 202A](#)

[Advance Directive for Mental Health Treatment](#)

[KRS Chapter 222](#)

[Matthew Casey Wethington Act for Substance Abuse Intervention](#)

[KRS Chapter 645](#)

[Mental Health Act of the Unified Juvenile Code](#)

## **KRS 202A Involuntary Commitment Law**

- In a psychiatric emergency, the more you know about Kentucky's laws and treatment options, the better prepared you will be to respond in the most effective way possible.
- Like every state, Kentucky has civil commitment laws that establish criteria for determining when involuntary treatment is appropriate for individuals with severe mental illness who cannot seek care voluntarily. Kentucky's laws allow for admission to a state psychiatric facility as well as court-ordered treatment in the community, known as **assisted outpatient treatment (AOT)**.

## **A person must meet the following criteria for both inpatient and outpatient treatment:**

- be a danger to self/others/family, including actions which deprive self/others/family of basic means of survival such as provision for reasonable shelter, food or clothing;
- can reasonably benefit from treatment; and
- hospitalization is the least restrictive form of treatment available

## **Kentucky Inpatient and Outpatient Commitment Statute guidelines:**

- The petition shall be filed by a qualified mental health professional, peace officer, county attorney, Commonwealth's attorney, spouse, relative, friend, or guardian of the individual concerning whom the petition is filed, or any other interested person. Persons filing a 202A petition shall do so at their local County Attorney's Office or Commonwealth's Attorney's Office.
- Any peace officer who has reasonable grounds to believe that an individual [meets the criteria for emergency evaluation] shall take the individual into custody and transport the individual without unnecessary delay to a hospital or psychiatric facility.
- An authorized staff physician may order the admission of any person who is present at, or is presented at a hospital. Within twenty-four hours (excluding weekends and holidays) of the admission under this section, the authorized staff physician ordering the admission of the individual shall certify in the record of the individual that in his opinion the individual should be involuntarily hospitalized.

# Behavioral Health Crisis Prevention and Intervention Resources

## **Navigating a Mental Health Crisis: A NAMI Resource Guide for Those Experiencing a Mental Health Emergency**

Like any other health crisis, it's important to address a mental health emergency quickly and effectively. This guide outlines what can contribute to a crisis, warning signs that a crisis is emerging, strategies to help de-escalate a crisis, available resources and more.

<https://www.nami.org/About-NAMI/Publications-Reports/Guides/Navigating-a-Mental-Health-Crisis/Navigating-A-Mental-Health-Crisis.pdf>

## **Being Prepared for a Crisis**

No one wants to worry about the possibility of a crisis, but they do happen. That doesn't mean you have to feel powerless. Many healthcare providers require patients to create a crisis plan and may suggest that it be shared with friends and family. Ask your loved one if he or she has developed a plan.

<https://www.nami.org/Your-Journey/Family-Members-and-Caregivers/Being-Prepared-for-a-Crisis>

## **Action Planning for Prevention and Recovery**

This booklet contains information, ideas, and strategies that people from all over the country have found to be helpful in relieving and preventing troubling feelings and symptoms. The information in this booklet can be used safely along with your other health care treatment.

<http://www.npaihb.org/wp-content/uploads/2018/12/action-planning-for-recovery.pdf>

## **Wellness Recovery Action Plan's Crisis Plan and Working Through Hard Times**

The Wellness Recovery Action Plan website provides the information and resources necessary to create a crisis plan. Once you have completed the plan, keep a copy for yourself and give copies to all your supporters. Update it whenever you need to.

<https://mentalhealthrecovery.com/info-center/crisis-plan/>

## **National Resource Center on Psychiatric Advance Directives**

Information to help individuals develop a psychiatric advance directive.

<https://www.nrc-pad.org/>

## **Mental Health Screening Tools Provided by Mental Health America**

Quick, free, and private online mental health screens from Mental Health America.

<https://screening.mhanational.org/screening-tools>



# Suicide Prevention Resources

## 5 Action Steps for Helping Someone in Emotional Pain

This National Institute of Mental Health infographic presents five steps for helping someone in emotional pain in order to prevent suicide.

[https://www.nimh.nih.gov/health/publications/5-action-steps-for-helping-someone-in-emotional-pain/om\\_18-4315-5actionsteps-508\\_157844.pdf](https://www.nimh.nih.gov/health/publications/5-action-steps-for-helping-someone-in-emotional-pain/om_18-4315-5actionsteps-508_157844.pdf)

## A Journey toward Health & Hope: Your Handbook for Recovery after a Suicide Attempt

The resource guides people through the first steps toward recovery and a hopeful future after a suicide attempt.

<https://www.store.samhsa.gov/product/A-Journey-Toward-Health-and-Hope-Your-Handbook-for-Recovery-After-a-Suicide-Attempt/SMA15-4419>

## American Association of Suicidology

AAS promotes research, public awareness programs, public education and training for professionals and volunteers.

[www.suicidology.org](http://www.suicidology.org)

## Culturally and Linguistically Competent Suicide Prevention Materials

This guide is designed to help public health practitioners produce suicide prevention materials for specific cultural and linguistic communities.

<https://share.nned.net/2018/01/creating-linguistically-and-culturally-competent-suicide-prevention-materials/>

## Suicide Prevention Resources for Teens

This resource contains a list of websites with suicide prevention resources for teens, for those who may be at risk for suicide and those who have friends who may be at risk.

<http://www.sprc.org/resources-programs/suicide-prevention-resources-teens>

## Suicide Prevention Resource Center

The Suicide Prevention Resource Center is the only federally supported resource center devoted to advancing the implementation of the National Strategy for Suicide Prevention.

[www.sprc.org](http://www.sprc.org)

## Reduce Access to Means of Suicide

Reducing access to lethal means of self-harm for a person at risk of suicide is an important part of a comprehensive approach to suicide prevention. Firearms are the most lethal among suicide methods. Also of concern are medications that are lethal at high doses.

<https://www.sprc.org/comprehensive-approach/reduce-means>

## **Suicide Prevention Resources for Survivors of Suicide Loss**

This resource lists a selection of organizations, websites and materials that can help people who have lost someone to suicide.

<http://www.sprc.org/sites/default/files/resource-program/Survivors.pdf>

## **Jed Foundation**

The Jed Foundation empowers teens and young adults with the skills and support to grow into healthy, thriving adults.

[www.jedfoundation.org](http://www.jedfoundation.org)

## **National Action Alliance for Suicide Prevention**

The National Action Alliance for Suicide Prevention is the nation's public-private partnership for suicide prevention. The Action Alliance works with more than 250 national partners to advance the *National Strategy for Suicide Prevention*.

<http://actionallianceforsuicideprevention.org/>

## **National Police Suicide Foundation**

The National Police Suicide Foundation's mission is to provide training programs on suicide awareness and prevention that establish a standard of care and promote employee well for law enforcement and emergency responders.

[www.psf.org](http://www.psf.org)

## **QPR Institute**

The QPR mission is to reduce suicidal behaviors and save lives by providing innovative, practical and proven suicide prevention training.

[www.qprinstitute.com](http://www.qprinstitute.com)

## **Society for the Prevention of Teen Suicide**

Their mission is to reduce the number of youth suicides and attempted suicides by encouraging public awareness through the development and promotion of educational training programs.

<http://www.sptsnj.org>

## **American Foundation for Suicide Prevention**

American Foundation for Suicide Prevention (AFSP) is a voluntary health organization that gives those affected by suicide a nationwide community empowered by research, education and advocacy to take action against this leading cause of death.

<https://afsp.org/suicide-prevention-resources>

## **Recommended Standard Care for People with Suicide Risk: Making Health Care Suicide Safe**

This information is for health care organizations that wish to better identify and support people who are at increased risk of suicide and for advocates who will work with hospitals and clinics to make them safer.

[https://theactionalliance.org/sites/default/files/action\\_alliance\\_recommended\\_standard\\_care\\_final.pdf](https://theactionalliance.org/sites/default/files/action_alliance_recommended_standard_care_final.pdf)

### **Substance Abuse & Mental Health Services Administration (SAMHSA)**

The Substance Abuse and Mental Health Services Administration (SAMHSA) is the agency within the U.S. Department of Health and Human Services that leads public health efforts to advance the behavioral health of the nation. SAMHSA's mission is to reduce the impact of substance abuse and mental illness on America's communities.

<https://www.samhsa.gov/suicide>

### **Suicide Prevention Competencies for Faith Leaders: Supporting Life Before, During, and After a Suicidal Crisis**

This new resource, informed by faith community leaders and suicide prevention experts, aims to help equip faith leaders with the capabilities needed to prevention suicide and provide care and comfort for those affected by suicide.

<https://theactionalliance.org/faith-hope-life/resource/suicide-prevention-competencies-faith-leaders-supporting-life-during-and-after-suicidal>

### **Zero Suicide in Health and Behavioral Health Care**

Zero Suicide is an aspirational challenge and practical framework for system-wide transformation toward safer suicide care.

<http://zerosuicide.sprc.org/>

### **A Manager's Guide to Suicide Postvention in the Workplace**

Ten action steps for dealing with the aftermath of a suicide.

<https://theactionalliance.org/sites/default/files/managers-guidebook-to-suicide-postvention-web.pdf>

### **Suicide Prevention Training and Resources for Kentucky Educators**

In response to new Kentucky legislation regarding suicide prevention training and awareness for middle school and high school staff and students, the Department for Behavioral Health, Developmental and Intellectual Disabilities has prepared information about programs, training and materials.

<http://dbhdid.ky.gov/dbh/sped.aspx>

## Additional Kentucky Resources

### **Benefind: Assistance & Support Programs for Kentuckians**

855-306-8959

<https://benefind.ky.gov/>

### **Kentucky Child and Adult Abuse Reporting Hotline**

1-877-KYSAFE1 (1-877-597-2331) or 1-800-752-6200

For reports of non-emergency abuse and neglect:

<https://prdweb.chfs.ky.gov/ReportAbuse/home.aspx>

### **Kentucky Coalition Against Domestic Violence (KCADV)**

<https://kcadv.org/>

### **Kentucky Association of Sexual Assault Programs (KASAP)**

<https://www.kasap.org/get-help/get-help---home>

### **VINE**

VINE is the nation's leading victim notification network. It allows survivors, victims of crime, and other concerned citizens to access timely and reliable information about offenders or criminal cases in U.S. jails and prisons.

Telephone: 866-277-7477

<https://www.vinelink.com/>

## More Resource Lists

### Crisis Text Line

Crisis Text Line has resource lists on the following topics: Abuse, Anxiety and Stress, Bullying, Depression and Sadness, Eating and Body Image, Gender and Sexuality, Grief, Isolation and Loneliness, Relationships, Self-Harm, Substance Use, Suicide, and General/Miscellaneous.

<https://www.crisistextline.org/resources/#:~:text=%20Crisis%20Text%20Line%20offers%20resources%20that%3A%20,religion%2C%20sexual%20orientation%2C%20political%20affiliation%2C%20etc.%20More%20>